

2026 MOCA-PEDS LEARNING OBJECTIVES | ONE-PAGE CHECKLIST

How to use: Circle your weakest topics → aim for 4 objectives/week → review featured readings before Q2

WEEK-BY-WEEK LEARNING OBJECTIVE CHECKLIST

Week 1

- Delivering difficult news & end-of-life care
- Infant safety & injury prevention
- Eating disorders
- Physical child abuse vs accidental trauma

Notes: _____

Week 2

- Non-asthmatic lower airway disorders
- Liver and organ failure
- Diabetic ketoacidosis
- Barriers to detecting/reporting safety events

Notes: _____

Week 3

- Movement disorders (e.g., tics, Tourette, RLS)
- Genetic kidney disease
- Signs and impact of neglect
- 0–12 week infant development

Notes: _____

Week 4

- Preschool-age child development
- Esophageal disorders
- Opportunistic infections (immunocompromised)
- Nonbinary and transgender adolescents

Notes: _____

Week 5

- Medical screenings (vision, BP, oral, etc.)
- Pre-participation evaluations for athletes
- Immunization recommendations
- Infection control principles

Notes: _____

Week 6

- Fungal infections
- Mycobacterial infections
- Constipation
- Adolescent cognitive, social, emotional development

Notes: _____

Week 7

- Cystic fibrosis
- Pituitary disorders
- Neonatal cyanosis or respiratory distress
- Allergic rhinitis

Notes: _____

Week 8

- Autism spectrum disorder + comorbidities
- Coagulation disorders
- Meningeal & spinal cord conditions
- Infectious rashes in neonates

Notes: _____

Week 9

- Syncope
- Testicular/scrotal masses
- Dyslipidemias
- Newborn size or gestational age risks

Notes: _____

Week 10

- Connective tissue disorders (e.g., Marfan, EDS)
- Genetic syndromes (e.g., Fragile X)
- Acne
- Nutrition for dietary restrictions

Notes: _____

Week 11

- Elbow injuries (e.g., nursemaid's elbow)
- Psychosocial impact of illness
- Ear structural conditions
- Eye structural conditions

Notes: _____

Week 12

- Trauma to mouth, oropharynx, and throat
- [Your Choice: Weak Topic #1]
- [Your Choice: Weak Topic #2]
- [Your Choice: Weak Topic #3]

Notes: _____

FEATURED READINGS (DON'T SKIP THESE)

Questions often begin appearing in Quarter 2+ bookmark early

- Ankyloglossia & Breastfeeding (AAP, 2024)
- Atopic Dermatitis Guidelines (AAAAI/ACAAI, 2023)
- Opioid Prescribing for Acute Pain (AAP, 2024)
- Major Depressive Disorders in Youth (AACAP, 2023)